

# THE HELPING HANDS

NEWSLETTER OF THE OHIO STATE SOCIETY OF MEDICAL ASSISTANTS, AN  
AFFILIATE OF THE AMERICAN ASSOCIATION OF MEDICAL ASSISTANTS



## OSSMA OFFICERS 2023-2024

Judie Alessi, CMA (AAMA) President

Julie Fogt, CMA (AAMA) Vice President

Diana Rogers, CMA (AAMA) Secretary

Lora Wilson, CMA (AAMA) Treasurer

Amy McMasters, CMA (AAMA) Speaker

Laura Mizicko, CMA (AAMA) Vice Speaker

## PRESIDENTS MESSAGE:

Happy Winter to the OSSMA team!

We have had some exciting weather in January especially if you are one who enjoys winter weather. My hope is that all were safe.

The winter phone conference was held in January, and it was great to hear from so many members and all they are doing to keep our organization strong.

During that call we were reminded by the nominating chair that the committee is looking for nominations to be elected and fill positions for the upcoming year. The open positions are for Vice President, Speaker of the House, Vice Speaker of the House, and AAMA delegate for the national conference in September 2024.

Councilor positions, as well. So please consider these positions and submit your forms, which can be found on the OSSMA website, by the deadline. These positions will be elected at our OSSMA HOD in April 2024.

The STAR committee chair reminded us of the awards that are available and to send in your nominations by the deadline. The awards to be considered are for the: Medical Assistant of the Year, Mentor of the Year, Educator of the Year, and Chapter publications. Please review the criteria and applications that are posted on the OSSMA website. The committee will announce the winners at the Awards banquet during the OSSMA state conference in April 2024.

Please meet with your chapters and discuss these very valuable positions and prestigious awards. It is also important at this meeting to select your delegates for the April HOD and submit them to the Speaker of the House, Amy McMasters.

Please let me know how I can be of any assistance to any of you with meetings, membership, or any concerns.

Judie Alessi, CMA (AAMA), RMA (AMT)

OSSMA President 2023-2024



# OSSMA 2024 ANNUAL CONFERENCE

## MEDICAL ASSISTANTS



## ... THE MVP OF HEALTHCARE

**HOSTED BY:**  
**THE SOUTHWEST OHIO CHAPTER OF MEDICAL ASSISTANTS**

**Thursday April 25th–  
Saturday 27th, 2024**

## COME JOIN US FOR

~ **NETWORKING  
OPPORTUNITIES**

~ **CONTINUING  
EDUCATION**

~ **EXHIBITORS**  
Cincinnati State  
Community College  
Jewelry, Purses  
Job Recruiters and more

~ **DOOR PRIZES  
AND RAFFLES**

## WHERE

### **Eastgate Holiday Inn**

4501 Eastgate Blvd  
Cincinnati, Ohio 45245  
513-752-4400  
Block code "OSM"

Room Rate \$129.00 Dbl/  
King (includes breakfast)

**OSSMA 2024 CONFERENCE**

**Medical Assistants ... The MVP of Healthcare**

**THURSDAY, 4/25/24**

- 12:30-4:00PM REGISTRATION OPEN**
- 2:00-3:00PM UNDERSTANDING LEAD POISONING ~ PATRICIA CHRISTOS, BA-ED, RMA, CM**
- 3:00-4:30PM UNLOCKING TALENT: STRATEGIC GUIDE for EMPLOYERS IN THE INTERVIEW ARENA  
~ KELLY HARPER, MPA**
- 4:30-6:30PM DINNER ON YOUR OWN**
- 6:30-7 PM MEMBERS AT LARGE DELEGATE ELECTION**
- 7:00-7:30PM MEET THE CANDIDATES**
- 7:30-9:00PM PRE-CONFERENCE BOARD MEETING**

**FRIDAY, 4/26/24**

- 7:00-4:00PM REGISTRATION OPEN**
- 8:00-12:30PM HOUSE OF DELEGATES BEGINS**
- 8:00-9:00AM COMMUNICATION, DELEGATION, EFFICIENCY, CONFLICT RESOLUTION & CREATIVITY  
~ JULIANNA JOHNS, MS**
- 9:15-10:45AM CDECC PART 2 EFFECTIVE LEADING & TEAM BUILDING ~ JULIANNA JOHNS, MS**
- 11:00-12:30PM USING PHARMACOGENOMIC TESTING TO INFORM MEDICATION TREATMENT IN DEPRESSION  
~ RYAN GRIGGS, PHD, MS BS**
- 12:30-1:30PM LUNCH**
- 1:30-2:30PM CULTURAL & SPIRITUALITY IN HEALTHCARE / SOCIAL DETERMINANTS OF HEALTH /  
IMPLICIT BIAS ~ JOANN WORTHINGTON, DNP, RN-BC, OCN**
- 2:45-4:15PM HEALTHCARE INSURANCE & THE HEALTHCARE REVENUE CYCLE ~ ANN GINGELL, RHIA, ACUE**
- 5:30 PM MEET & GREET (UPPER TERRACE ~ HOTEL RESTAURANT BAR OPENS AT 5:00 PM)**
- 6:00-9:00PM INSTALLATION BANQUET & PRESIDENT’S RECEPTION**

**HOUSE OF DELEGATES SCHEDULE**  
 8:00-9:30am – HOD SESSION 1  
 9:30-10:30am – REFERENCE COMM  
 10:45-12:30pm – HOD SESSION 2

**SATURDAY, 4/27/24**

- 7:00-10:00AM REGISTRATION OPEN**
- 7:30-8:00AM FIRST TIMER OPEN SESSION**
- 8:00-9:00AM SELF - IMPROVING HEALTH WITH SELF AWARENESS ~ SUZY HUMMEL, MHP-E**
- 9:15-10:45AM IDENTIFYING STRESS TRIGGERS to CONTROL HEALTH OUTCOMES ~ SUZY HUMMEL, MHP-E**
- 11:00-12:30PM SELF - TREATING WITH SEVERAL HOLISTIC MODALITIES  
~ GARY JOHNSON, DPT, LMT, CST-T, CYT**
- 12:30-2:00PM PRESIDENT’S LUNCHEON**
- 2:00-3:00PM OSSMA KNOWLEDGE BOWL ~ LOXIE KISTLER, ED.D, MS,BSN,RN, CMA(AAMA)**
- 3:15PM POST CONFERENCE BOARD MEETING**

OSSMA 2024 CONFERENCE

Medical Assistants ... The MVP of Healthcare

Name \_\_\_\_\_ Credentials \_\_\_\_\_

Address \_\_\_\_\_

Chapter \_\_\_\_\_ AAMA Member # \_\_\_\_\_

E-Mail \_\_\_\_\_ Phone \_\_\_\_\_

Please check all that apply:

- AAMA Member
- Non-AAMA Member
- Delegate
- Alternate Delegate
- Past OSSMA President ~ year served \_\_\_\_\_ (apply \$30.00 discount)
- Student AAMA Member
- Student Non-AAMA Member
- First State Conference
- Current OSSMA Officer Title \_\_\_\_\_

Full Registration includes 3 days of Education & meal functions.

AAMA Member \$200.00 Non-AAMA Member \$250.00

Student AAMA Member \$ 80.00 Student Non-AAMA Member \$100.00

Friday or Saturday only (includes lunch) Member \$ 75.00 Non-Member \$100.00

If attending one day only, check if:  Friday only -or-  Saturday only

Mark any meal functions that you will not be attending:

- I will NOT be able to attend Friday Lunch
- I will NOT be able to attend Friday Dinner
- I will NOT be able to attend Saturday Lunch
- Friday guest lunch \$25.00
- Friday guest dinner \$50.00
- Saturday guest lunch \$30.00

Please note any Dietary Restrictions \_\_\_\_\_

Please make check out to: OSSMA Conference Fund AMOUNT INCLUDED \$ \_\_\_\_\_

Registration Deadline is 4/08/2024 Paying by  check # \_\_\_\_\_  Venmo

Send registration and payment to: Clare Ley, CMA (AAMA), 1128 Twiggs Lane, Amelia Ohio, 45102 or email registration to [leyclare@yahoo.com](mailto:leyclare@yahoo.com) and pay through VENMO @CLARE-LEY

PLEASE NOTE: MEALS CANNOT BE GUARANTEED FOR LATE OR ONSITE REGISTRATIONS.

A \$30 charge will be added for insufficient funds or returned checks. No refunds after 4/14/2024.

**NOMINATIONS FOR OSSMA Officers 2024-2025**

The Nomination Committee has received 2 consents for officers for the upcoming elections.

Rose Orologas, CMA (AAMA) for District Counsilor #6

Laura Mizicko, CMA(AAMA) for Speaker of the House

Any questions regarding nominations, please contact Rhonda Lazette, CMA (AAMA), Nomination Chair  
[rlazette1967@gmail.com](mailto:rlazette1967@gmail.com)

**SUNSHINE COMMITTEE: OFFERING A SMILE WHEN YOU NEED IT!**

The OSSMA has a wonderful Sunshine Committee. This committee is spreading sunshiny sending out greetings in the event of illness, marriage, birth of a baby, death of a loved one or just to say, "We are thinking of you".

Natasha Geno Rodgers, CMA (AAMA) is the Committee Chair. This is what she has to say about the Sunshine Committee:

*"The mission of the Sunshine Committee is to motivate, support, and build caring relationships with the members of our organization when we are celebrating a happy occasion or facing a challenging time. A little spark of kindness can put a colossal burst of sunshine into someones day."*

If you become aware of a members life event that could benefit from a greeting from the Sunshine Committee, please contact Natasha Geno Rodgers, CMA (AAMA) or Diane Morlock, CMA (AAMA) at:  
[natasha.Geno@nationwidechildrens.org](mailto:natasha.Geno@nationwidechildrens.org)  
[morlockdlm@gmail.com](mailto:morlockdlm@gmail.com)

**ATTENTION MEMBERS AT LARGE!**

Tri County Chapter meets monthly via Zoom. Any Members at Large that would like to join our group and be active in our meetings and activities, please contact Diana Rogers, CMA (AAMA) at [drogers220@comcast.com](mailto:drogers220@comcast.com).

Our monthly meetings on the first Tuesday September thru May offer 1 CEU to those that attend with our business meeting immediately following the presentation.

Wayne County Chapter of Medical Assistants in Michigan has invited OSSMA Members to their Symposium.

Our annual Spring Symposium is on March 16th, 9-4. If you attend all sessions (90%) you will earn six CEU's. All CEU's are pending AAMA approval. The topics are:

1. Cyber Security (1.5 A CEU's)
2. Geriatric Care/Safety (1.5 C CEU's)
3. The Importance of Eye Health/Exams (1.5 C CEU's)
4. Pending: Who Can Access a Minors Health Record (1.5 CEU's)

There is a \$35 fee whether you attend in person (Full Gospel Christian Church, 6413 Inkster Rd., Taylor) or via Zoom. If you attend in person a Taco Bar, water and snacks will be provided. All attendees (Zoom or in person) will automatically be entered in a drawing for a gift card. We will draw one card for every 20 attendees. You must be present/respond when we call your name.

**Here is the registration link:**

<https://us06web.zoom.us/j/91254713741>

**After registering, you will receive a confirmation email containing information about joining the meeting.**

*Payment must be received, before CEU's will be awarded (you can register until 3-14 (100 person limit, just send your payment ASAP, then we'll post your CEU's). We will only accept money orders (M.O.), Cashiers/certified check or Venmo (First name: WCCMA, Last name: CMA, wccma-cma)*

**MAKE M.O./CASHIER/CERTIFIED CHECK (NO PERSONAL CHECKS) PAYABLE TO:  
WCCMA**

**MAIL TO:**

WCCMA  
C/O Carolyn McInnes  
4848 Inkster Rd.  
Westland, MI. 48186

Email [wccma2022@gmail.com](mailto:wccma2022@gmail.com) if you have any questions.

\*\*\* All proceeds will be given to charities of chapters' choice\*\*\*

### **REGISTRATION POLICIES**

1. If an email is provided with payment, an email confirmation of receipt of payment will be sent.
2. Cancellation policy: A full refund will be given if notice of cancellation is given on or before March 15, 2024. Cancel via email to [wccma2022@gmail.com](mailto:wccma2022@gmail.com). NO refunds will be issued day of or after the event.
3. **PAYMENT MUST BE IN THE FORM OF A MONEY ORDER, CASHIERS/CERTIFIED CHECK OR VENMO.**
4. Total CEUs are based on actual contact hours. You must attend 90% of each session to earn CEUs per AAMA guidelines. Agenda and start times are subject to change.
5. Education sessions subject to change and pending AAMA approval.

We hope you can join us!

## 2024 ICD-10 Updates – The Highlights

It is that time of year again, when we receive our ICD-10-CM code books, and we have the task of finding any additions or changes to the common codes used in our practices. These changes for 2024 were effective October 1, 2023. There are 395 new billable codes, 13 code revisions and 25 deletions to the new edition. These are the final numbers, though earlier online articles, and the printed copy of the ICD-10-CM book reflect different counts.

Among the changes, there are several dozen new codes pertaining to osteoporosis with fractures, retinopathy and muscle entrapment in the eye and disease of the nervous system. Notable code updates include:

- 24 new codes added to the diseases of the nervous system (G00-G99) Chapter 6
- 34 new codes added to the diseases of the eye and adnexa (H00-H59) Chapter 7
- 36 new codes added to the diseases of the musculoskeletal system and connective tissue (M00-M99) Chapter 13
- 22 new codes added and six revised in the congenital malformations, deformations, and chromosomal abnormalities (Q00-Q99) Chapter 17
- 30 new codes added to and six invalidated from the factors influencing health status and contact with health services (Z00-Z99) Chapter 21

In Chapter 3, there are several new codes for sickle cell anemia. Three new codes for insulin resistance are provided in Chapter 4.

In Chapter 6, the code G20 for Parkinson's disease was deleted, as there are five new codes with more specificity for Parkinson's disease. There are four new codes for migraine with aura.

In Chapter 7, most of the new codes break down orbital muscle entrapment and identification of the affected muscle. Examples are H50.621 is inferior oblique muscle entrapment, right eye and H50.662 is superior oblique muscle entrapment, left eye.

Other chapters, like *Chapter 17 - Congenital Malformations, Deformations and Chromosomal Abnormalities (Q00-Q99)* reported significant code changes to add granularity for conditions such as craniosynostosis and epilepsy. Chapter 18 now includes R92.3- for mammographic density found on imaging of breast.

Chapter 20 – External Causes of Morbidity (V00-Y99) captures details around accidents



Chapter 13 contains several new codes to help further define osteoporosis with pathological fracture. An example is M80.0B2G – Age-related osteoporosis with current pathological fracture, left pelvis, subsequent encounter for fracture with delayed healing.

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Chapter 20 – External Causes of Morbidity (V00-Y99) captures details around accidents and injuries. The section has 123 code updates. CMS recognized the need to expand this section. Urgent care facilities, emergency rooms and will be able to now have specific codes to use when items are placed where they are not supposed to be! This includes W44.B3xA Plastic toy and toy part entering into or through a natural orifice, initial encounter, W44.H0xA Other sharp object unspecified entering into or through a natural orifice, initial encounter, or W44.F0xA Objects of natural or organic material unspecified, entering or through a natural orifice, initial encounter.

Chapter 21 – Factors Influencing Health Status and Contact with Health Services (Z00-Z99). This captures details related to child upbringing. Several social determinants of health (SdoH) codes were added, including 8 of the 30 new codes. Examples include Z62.23 Child in custody of non-parental relative, Z62.24 Child in custody of non-relative guardian, Z62.831 Non-parental relative-child conflict.

ICD-10-CM Codes deleted in 2024:

- D13.9 Benign neoplasm of ill-defined sites within the digestive system
- D48.1 Neoplasm of uncertain behavior of connective and other soft tissue
- E20.8 Other hypoparathyroidism
- E79.8 Other disorders of purine and pyrimidine metabolism

- E88.81 Metabolic syndrome
- G20 Parkinson's disease
- G37.8 Other specified demyelinating diseases of central nervous system
- H36 Retinal disorders in diseases classified elsewhere
- I20.8 Other forms of angina pectoris
- I24.8 Other forms of acute ischemic heart disease
- I47.1 Supraventricular tachycardia
- J15.6 Pneumonia due to other Gram-negative bacteria
- K35.20 Acute appendicitis with generalized peritonitis, without abscess
- K35.21 Acute appendicitis with generalized peritonitis, with abscess
- N04.2 Nephrotic syndrome with diffuse membranous glomerulonephritis
- N06.2 Isolated proteinuria with diffuse membranous glomerulonephritis
- O90.4 Postpartum acute kidney failure
- Q44.7 Other congenital malformations of liver
- Q75.0 Craniosynostosis
- Z05.8 Observation and evaluation of newborn for other specified suspected condition ruled out
- Z29.8 Encounter for other specified prophylactic measures
- Z83.71 Family history of colonic polyps
- Z91.A4 Caregiver's other noncompliance with patient's medication regimen
- Z91.A5 Caregiver's noncompliance with patient's renal dialysis
- Z91.A9 Caregiver's noncompliance with patient's other medical treatment and regimen

This information is accurate to the best of my knowledge. Your local insurance contractors and

## EMERGENCY DUES ASSISTANCE

Do you need assistance with your membership dues this year? Or possibly would you know someone that does? A special fund is available to help our members pay yearly membership dues during times of hardship. Please contact Julie Fogt, CMA (AAMA), Emergency Dues Chair for information and to request assistance. Dues must be received by November 30, 2023 for processing in time for the coming year. *All requests are completely confidential.*

Contact Veronica Burgers, CMA (AAMA) Membership/Emergency Dues Fund Chair at [veronica\\_burgert@owens.edu](mailto:veronica_burgert@owens.edu)



## PHOTOS WANTED

Do you have any photos from AAMA National, OSSMA Chapter or State event? We would love to have your photos!

They can be emailed to the Historian Amy McMasters at [amymac1676@yahoo.com](mailto:amymac1676@yahoo.com) and/or Editor Diana Rogers at [drogers220@comcast.net](mailto:drogers220@comcast.net) to be published in The Helping Hands

## CHANGE OF ADDRESS, NAME, JOIN OR RENEW MEMBERSHIP

Any change of names, address or join and renew membership, please contact the AAMA at 800-228-2262 or [aama-ntl.org](http://aama-ntl.org)

## EDITOR OF THE HELPING HANDS

Any questions, please contact Diana Rogers, CMA (AAMA) at [drogers220@comcast.net](mailto:drogers220@comcast.net)



Saturday, February 17, 2024

Winter Quarterly

*Hosted by OSMA Executive Board*

8:00a                      Welcome by **Alexis Holcomb, CMA (AAMA) OSMA**  
**President**

8:30a - 10:30a            CEU Session 1: Rebecca Walker, CMA (AAMA), CPC  
Management Lessons That Help You Deal With the Drama:  
  
Contains some real life examples and would cover  
topics like communication, documentation,  
professionalism, etc.

10:30a - 10:45a           Break

10:45a -12:45p           CEU Session 2: Rebecca Walker, CMA (AAMA), CPC  
***Are You Smarter than a Medical Assisting Student?***  
  
This covers EVERYTHING and would be in a question  
format so all could get involved.

1:15p -                    **OSMA Board meeting**  
  
All are invited to learn more about the Oregon State  
Society and how it is run.

## **SPEAKER INFORMATION**

Rebecca Walker is an instructor, past AAMA national president and a past chair for the Medical Assisting Education Review Board (MAERB). She has national recognition for her participation as the MC for the AAMA Education Bowl at the annual meeting put on by North and South Carolina Medical Assistants and sponsored by the AAMA Certifying Board.

**When: Feb 17, 2024 08:00 AM Pacific Time (US and Canada)**

**Topic: 2024 OSMA Winter Quarterly with Rebecca Walker, CMA (AAMA)**

**Register in advance for this webinar:**

**[https://us02web.zoom.us/webinar/register/WN\\_QOT0yWRHRp-Sn6d-WtWPHA](https://us02web.zoom.us/webinar/register/WN_QOT0yWRHRp-Sn6d-WtWPHA)**

**Right click to open the link.**

**\*Membership will be verified. Non AAMA members please keep this flier to verify your attendance.**